Excellent opportunity to view this informative video--for free! Don't miss this!!

Simply Raw: Reversing Diabetes in

<u>30 Days</u> - Film, Discussion & Refreshments <u>Two</u> Showings: Tuesday September 7th (7-8:30 pm) & Wednesday September 8th (5:30 - 7 pm) At the Fern Ridge Library in Veneta, OR

Synopsis: An Independent documentary film that chronicles six Americans with 'incurable' diabetes as they take a leap of faith and embrace a completely raw vegan diet under medical supervision.

The film follows each participant's remarkable journey and captures the medical, physical, and emotional transformations brought on by this diet and lifestyle change. We witness moments of struggle, support, and hope as what is revealed, with startling clarity, is that diet can reverse diabetes and change lives.

"Simply Raw is one of the most uplifting stories I've ever seen." – Dr. T. Colin Campbell – Author of "The China Study"

Additional wisdom is provided by Morgan Spurlock, Woody Harrelson, Anthony Robbins, Rev. Michael Beckwith, David Wolfe and <u>Doctors</u> Fred Bisci, Joel Fuhrman, and Gabriel Cousens. (www.rawfor30days.com)

Registration: FREE EVENT open to all, RSVP not necessary but appreciated (Contact Elizabeth Howard, Nutritional Therapist 541-515-9162 for more info or <u>Email</u>: deeprootednutrition@yahoo.com)